



# Medina County Park District

## Calendar of Events

www.medinacountyparks.com

Summer 2018



### ONLINE Program Registration

Visit [www.medinacountyparks.com](http://www.medinacountyparks.com), click on *Programs*, then on *Program Registration* to get started.

Medina County Park District  
6364 Deerview Lane  
Medina, Ohio 44256

phone: 330-722-9364 or 1-844-722-9364  
[www.medinacountyparks.com](http://www.medinacountyparks.com)

#### Program Cancellation Information

For information regarding program cancellations, call the new program cancellation hotline at 330-239-3305.

Notification of program cancellations will be made no less than two hours before a scheduled program. If the weather is uncertain, and you question whether a program will occur, call this number to hear a recorded message.



Programs with the apple icon are part of **Healthy Medina**, a collaborative community wellness initiative for Medina County. Visit [www.healthymedina.com](http://www.healthymedina.com) for details.

#### Summer Hours

Susan Hambley Nature Center will open on Fridays for the summer starting June 8 and ending August 31.



#### Sign up for the park district's monthly e-newsletter

If you would like to receive a monthly e-newsletter from the park district, send an email to [parks@medinacountyparks.com](mailto:parks@medinacountyparks.com), and ask to be placed on the list.



**Cleveland Clinic Saturday, June 2 - Healthy Strides - Sponsored by Brunswick Family Health Center - Princess Ledges Nature Preserve - 9 to 10 a.m.** Healthy Strides combines a brief, informative talk by a Cleveland Clinic physician or caregiver and a casual one-to-three mile walk. Topics change each week based on the leader's specialty and suggestions from participants. All members of the community are welcome. No registration required. Free.

**Saturday, June 2 Hiking for the Health of It - Cuyahoga Valley National Park's Blue Hen Falls Trailhead located at 2001 Boston Mills Rd., Boston Twp., OH 44236 - 9 to 11 a.m.** This is a hiking club for those who can hike four-to-five miles at a brisk pace. Walking trails can be mildly strenuous with a limited amount being off trail. Please dress for the weather, and be sure to have appropriate footwear. Ages 10 to adult. No registration required. Free.

**Sunday, June 3 - Wadsworth Community Band Concert - Buffalo Creek Retreat - 7 to 8:30 p.m.** The Wadsworth Community Band, under the direction of Pat Santelli, will present this free, old-fashioned band concert. The band will present a variety of music including overtures, marches, popular favorites, hits from Broadway and the movies, and patriotic standards. The concert will be held inside Buffalo Creek Retreat. Come enjoy a wonderful evening of music with family and friends! To learn more about the Wadsworth Community Band, please visit its website at <http://WadsworthCommunityBand.com> and like it on Facebook @wadsworthcommunityband. All ages are welcome. No registration required. Free.


**Monday, June 4 - Yoga Inspired by Nature - Brunswick Lake, meet in the Cleveland Clinic parking lot next to Panera - 6:30 to 7:45 p.m.** Let the fresh air and beauty of the outdoors boost your energy and vitality! Join Linda Stevenson for an hour of outdoor themed yoga, breath, and meditation at Brunswick Lake. This unique combination of yoga and nature will provide inspiration for your yoga practice and new methods of mindfulness using nature as our muse. Please bring your own yoga mat. Children must be accompanied by an adult. To register, contact Linda at [lastevenson02@gmail.com](mailto:lastevenson02@gmail.com) or 440-888-9865. Ages 10 to adult. There is a \$10 fee.


**Tuesday, June 5 - Stroller Hike - Plum Creek Park South - 10:30 to 11:30 a.m.** Come out and enjoy a stroll with a naturalist! On this guided hike, we will explore different parks and investigate nature happenings in ways both you and your little ones can understand. This is a fun way to enjoy the outdoors, get a little exercise, and socialize with other parents! Children can be in strollers, backpacks, or can toddle along on their own! Mid to full-size or jogger-type strollers recommended. All ages are welcome. No registration required. Free.

**Wednesday, June 6 - Nature Through the Seasons - Green Leaf Park - 10 to 11 a.m.** The Nature Through the Seasons series consists of easy walks that explore our different parks while observing the unfolding of nature throughout the seasons. These hikes also count toward the Natural Discoveries program, an award-based hiking series. Visit the park district website for details about the program. Ages 7 to adult. No registration required. Free.

**Thursday, June 7 - Walk 15@: Total Body Workout - River Styx Park - 6:30 to 7 p.m.** Take your walk in the park to the next level of fitness with Walk 15@, a low-impact, aerobic workout. Using simple-to-follow moves plus strength training with resistance bands, you'll get a total body workout using more muscle groups and burn more calories than with a traditional walk. This workout is as easy as walking, only better, and is suited for all levels of fitness. After the workout, you can enjoy a walk and the beauty of the park. Walk-ins are welcome, but registration is encouraged. Contact the instructor with questions about cancellation due to weather at 330-416-8355 or [jgrasso.livingwell@gmail.com](mailto:jgrasso.livingwell@gmail.com). Ages 16 and over. Register by June 6. There is a \$5 program fee.

**Friday, June 8 through Sunday, June 10 - The Lost Nature Center of Jurassic World - Susan Hambley Nature Center - 12 to 5 p.m.** Have you heard of the Lost Nature Center hidden inside Jurassic World? We hadn't either . . . until now! Step through the front door and be transported into the Lost Nature Center. Get up close views of dinosaurs and other prehistoric creatures as you explore this hidden gem. All ages are welcome. No registration required. Free.


 **Saturday, June 9 - Healthy Strides - sponsored by Medina Hospital - Letha House Park West, please meet at the trailhead near the playground - 9 to 10 a.m.** Healthy Strides combines a brief, informative talk by a Cleveland Clinic physician or caregiver and a casual one-to-three mile walk. Topics change each week based on the leader's specialty and suggestions from participants. All members of the community are welcome. Ages 10 to adult. No registration required. Free.

 **Saturday, June 9 - Migratory Bird Banding - Wolf Creek Environmental Center - 9 a.m. to 12 p.m.** Bird banding is a scientific research method that studies bird behavior and movements and provides us with valuable information about avian populations and migratory patterns. The data collected through bird banding is critical to identify contributing factors affecting populations in both winter and summer habitats and the establishment of needed conservation efforts. Join licensed bird banders Gary and Jill Fowler to learn about the significance of bird banding and see how it is done. Bird banding is weather variable and may not be done if it is raining or snowing. Signs will be posted at Wolf Creek to let you know if bird banding is occurring and to direct you to the banding location (new location for spring). No registration required. Free.

**Sunday, June 10 - K9 First Aid - Wolf Creek Environmental Center - 2 to 4:30 p.m.** This Red Cross-based K9 first-aid class will teach you the basics you need to keep your dog alive until you can get professional assistance. Instruction in this one-day, two-hour course includes bandaging techniques, splinting methods, immediate first aid for burns and frostbite, and more. Also covered, with the aid of a dog mannequin, is proper mouth-to-snout resuscitation, K9 CPR, and how to find and check for your dog's pulse. This class is a MUST for every dog owner! There is no fee for instruction and class handouts, but a first-aid book with DVD will be available to purchase for \$20. Dog mannequins provided; please do not bring your dog to class. Ages 16 to adult. Register by June 8. Free.

**Tuesday, June 12 - Advanced Fishing for Kids - Buffalo Creek Retreat - 9:30 a.m. to 12:30 p.m.** Can't get enough of Medina County Park District fishing and ready to move beyond the basics? This three-day camp is for all Passport to Fishing graduates and children who have previous fishing experience. This program is not for beginner anglers. More advanced angling skills will be covered, but most of the time will be spent doing what you love most . . . FISHING! Fishing poles and a limited amount of bait will be provided, but children should bring their own poles, bait, and tackle if possible. This program is offered twice during the summer, but children may register for only one one-week session. Ages 8 to 15. Register by June 8. Free.


**Tuesday, June 12 - Playing with the Wind - Hubbard Valley Park - 10 to 10:45 a.m. or 11 to 11:45 a.m.** Young children are invited to bring an adult and join Amy Winnicki in a creative movement playtime. Wind-themed activities using bubbles, balloons, and parachutes will be the focus of the program. Your child will learn that all of these items need air, and all are fun to play with, too! This program will be cancelled if it is raining. Ages 2 to 6 with an adult. Register by June 11. Free.

 **Tuesday, June 12 - Cycling Makes Sense Fitness Ride - Chippewa Rail Trail, meet in trailhead parking lot, Chippewa Road east of Lake Road - 6:30 to 8 p.m.** This program, offered by Medina County Park District and Century Cycles, is a great way for you to get out on your bicycle for a non-aggressive ride and experience the park district's wonderful multipurpose trails. Before we begin our six to ten-mile ride, Lynne of Century Cycles will share basic tips on how to keep you and your bike fit. Helmets are required. Ages 16 to adult. No registration required. Free.

**Thursday, June 14 - Family Fishing - Buffalo Creek Retreat - 4 to 8 p.m.** Stop by any time between 4 - 8 p.m. to fish the ponds at Buffalo Creek Retreat. Fishing is only permitted at this site during this program. No fishing experience is necessary; we'll have staff and volunteer fishermen to assist you and your family. A limited amount of rods/reels and bait will be available for use. Children must come with an adult companion. All ages are welcome. No registration required. Free.

**Thursday, June 14 - Walk 15@: Total Body Workout - River Styx Park 6:30 to 7 p.m.** See June 7 program listing for a description. Contact the instructor with questions about cancellation due to weather at 330-416-8355 or [jgrasso.livingwell@gmail.com](mailto:jgrasso.livingwell@gmail.com). Ages 16 to adult. Register by June 13. There is a \$5 program fee.

**Friday, June 15 through Sunday, June 17 - The Lost Nature Center of Jurassic World - Susan Hambley Nature Center - 12 to 5 p.m.** See June 10 program listing for details. All ages are welcome. No registration required. Free.

 **Saturday, June 16 - Healthy Strides - Sponsored by Brunswick Family Health Center - Allardale West parking lot - 9 to 10 a.m.** Healthy Strides combines a brief, informative talk by a Cleveland Clinic physician or caregiver and a casual one-to-three mile walk. Topics change each week based on the leader's specialty and suggestions from participants. All members of the community are welcome. No registration required. Free.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>June 2018</b>	<p>Key  <b>**Registration required</b>            ADL: The Lodge at Allardale            ADW: Allardale West            BCR: Buffalo Creek Retreat            BL: Brunswick Lake            BWP: Buckeye Woods Park            CLMP: Carolyn Ludwig Mugrage Park            CRT: Chippewa Rail Trail            CVNP: Cuyahoga Valley National Park</p>		<p>GLP: Green Leaf Park            HVP: Hubbard Valley Park            LHPW: Letha House Park West            MM: Medina Marsh            ND: Natural Discoveries            PCPS: Plum Creek Park South            PLNP: Princess Ledges Nature Preserve            RSP: River Styx Park            SHNC: Susan Hambley Nature Center            WC: Wolf Creek Environmental Center</p>		2	<p>Healthy Strides sponsored by Brunswick Family Health Center            PLNP - 9 to 10 a.m.</p> <p>Hiking for the Health of It            CVNP's Blue Hen Falls Trailhead            9 to 11 a.m.</p>
3	<p>4  <b>**Yoga Inspired by Nature</b>            BLT - 6:30 to 7:45 p.m.</p>	<p>5            Stroller Hike            PCPS - 10:30 to 11:30 a.m.</p>	<p>6            Nature Through the Seasons            GLP - 10 to 11 a.m.</p>	<p>7  <b>**Walk 15: Total Body Workout</b>            RSP - 6:30 to 7 p.m.</p>	<p>8            The Lost Nature Center of Jurassic World - SHNC            12 to 5 p.m.</p>	<p>9            Healthy Strides sponsored by Medina Hospital - LHPW            9 to 10 a.m.</p> <p>Migratory Bird Banding            WC - 9 a.m. to 12 p.m.</p> <p>The Lost Nature Center of Jurassic World - SHNC            12 to 5 p.m.</p>
10	<p>11</p>	<p>12  <b>**Advanced Fishing for Kids</b>            BCR - 9:30 a.m. to 12:30 p.m.            Day 1 of 3</p> <p><b>**Playing with the Wind</b> - HVP -10 to 10:45 a.m. or 11 to 11:45 a.m.</p> <p>Cycling Makes Sense Fitness Ride            CRT - 6:30 to 8 p.m.</p>	<p>13  <b>**Advanced Fishing for Kids</b>            BCR - 9:30 a.m. to 12:30 p.m.            Day 2 of 3</p>	<p>14  <b>**Advanced Fishing for Kids</b> - BCR - 9:30 a.m. to 12:30 p.m.            Day 3 of 3</p> <p>Family Fishing            BCR - 4 to 8 p.m.</p> <p><b>**Walk 15: Total Body Workout</b>            RSP - 6:30 to 7 p.m.</p>	<p>15            The Lost Nature Center of Jurassic World - SHNC            12 to 5 p.m.</p>	<p>16            Healthy Strides sponsored by Brunswick Family Health Center            ADW - 9 to 10 a.m.</p> <p>The Lost Nature Center of Jurassic World - SHNC - 12 to 5 p.m.</p> <p>Marsh Meander - MM - 2 to 3 p.m.</p> <p>Starry, Starry Nights at Letha House Park - LHPW - 9 to 11 p.m.</p>
17	<p>18  <b>**Stand-Up Paddle Boarding for Kids</b> - BL - 2 to 3:30 p.m.            Or 6 to 7:30 for adults</p>	<p>19</p>	<p>20            Music at The Lodge: Morning Star - ADL - 7 to 8 p.m.</p>	<p>21  <b>**Quick Start Canoeing</b> - CLMP            10 a.m. to 12 p.m. or 1 to 3 p.m.</p> <p><b>**Tales for Tots</b>            RSP - 10 to 11 a.m. or 1 to 2 p.m.</p> <p><b>**Walk 15: Total Body Workout</b>            RSP - 6:30 to 7 p.m.</p>	<p>22  <b>**Tales for Tots</b>            RSP - 10 to 11 a.m. or 1 to 2 p.m.</p> <p>The Lost Nature Center of Jurassic World - SHNC            12 to 5 p.m.</p>	<p>23            Healthy Strides sponsored by Cleveland Clinic - PCPS - 9 to 10 a.m.</p> <p>The Lost Nature Center of Jurassic World - SHNC - 12 to 5 p.m.</p> <p>All Aboard! Mini Train Rides            LRT - 12:30 to 4:30 p.m.</p>
24	<p>25</p>	<p>26</p>	<p>27  <b>**Passport to Fishing</b> - WC            9:30 a.m. to 12:30 p.m.            Day 1 of 3</p>	<p>28  <b>**Passport to Fishing</b> - WC            9:30 a.m. to 12:30 p.m. Day 2 of 3</p> <p>Cycling Makes Sense Fitness Ride            BWP - 6:30 to 8 p.m.</p> <p><b>**Walk 15: total Body Workout</b>            RSP - 6:30 to 7 p.m.</p>	<p>29  <b>**Passport to Fishing</b> - WC            9:30 a.m. to 12:30 p.m. Day 3 of 3</p> <p>The Lost Nature Center of Jurassic World - SHNC            12 to 5 p.m.</p>	<p>30            The Lost Nature Center of Jurassic World - SHNC            12 to 5 p.m.</p> <p>Meet the Animals - WC            1 to 2 p.m.</p>

**Saturday, June 16 - Marsh Meander - Medina Marsh - 2 to 3 p.m.**

Join us as we meander along a mowed trail and weave through a wet meadow to explore this high-quality wetland complex. Plan to get a little wet as the trail can be muddy, but expect to see a variety of interesting species! All ages are welcome. No registration required. Free.

**Saturday, June 16 - Starry, Starry Nights at Letha House - Letha House Park West - 9 to 11 p.m.**

Come see deep-sky objects, planets, and the moon up close using the Cuyahoga Astronomical Association's telescopes. The observatory will be open for public viewing, and members will be available to answer your questions. Activities and/or displays will be set up inside the barn for further interest on cloudy nights. Cancellations will only be made in the case of severe thunderstorms. No registration required. Free.

**Sunday, June 17 - Natural Discoveries Hiking Series: Cavity Nesters - Wolf Creek Environmental Center - 3 to 4 p.m.**

Natural Discoveries is a series of free nature-themed programs designed for ages seven to adult. Participants in the program who complete certain hike requirements are eligible to receive awards. See the Natural Discoveries link on the park district website for award details. All birds have particular requirements when it comes to nesting. Join us as we explore the nesting boxes at Wolf Creek and learn more about birds that use cavities for raising their families and the challenges they face. Ages 7 to adult. No registration required. Free.

**Monday, June 18 Stand-Up Paddle Boarding for Kids - Brunswick Lake, meet in the Cleveland Clinic parking lot next to Panera - Kids ages 8 to 17 from 2 to 3:30 p.m.**

Whether you have paddling experience or not, join us for an evening of stand-up paddle boarding where you will learn the basics of safe paddling, efficient strokes, and balance. Stand-up paddling is a rapidly growing water sport that engages the core while enjoying nature and the natural playground around you on the lake. Find your inner peace and balance on the water while learning a new skill and enjoying the natural beauty found on Brunswick Lake. Instruction follows guidelines set by the American Canoe Association. Life jackets are required while on the water. Fees for class: \$15 for class only (participant MUST bring stand-up paddle board, leash, paddle, and life jacket); \$25 to lease equipment with the class. To register, contact Christine at [ccancianadventures@gmail.com](mailto:ccancianadventures@gmail.com) or 216-210-7449.

**Monday, June 18 Stand-Up Paddle Boarding for Adults - Brunswick Lake, meet in the Cleveland Clinic parking lot next to Panera - Adults only from 6 to 7:30 p.m.** See above for program description.

**Wednesday, June 20 - Music at The Lodge: Morning Star - The Lodge at Allardale - 7 to 8 p.m.**

Enjoy a relaxing evening in the park with free, live musical entertainment. Our concert series brings a variety of music the whole family will enjoy. The concerts will be held indoors due to variable weather conditions. This month, Morning Star will fill The Lodge at Allardale with the sounds of bluegrass, gospel, and Americana music in a style reminiscent of the Bluegrass sounds of the 1930s and 40s. Join us for a toe-tapping good time as this band's energy is contagious! All ages are welcome. No registration required. Free.

**Thursday, June 21 - Quick Start Canoeing - Carolyn Ludwig Mugrage Park - 10 a.m. to 12 p.m. or 1 to 3 p.m.** Designed for beginning paddlers, this course will teach basic canoeing terminology, boating and water safety, how to choose and use appropriate equipment for paddling, and basic strokes for maneuvering a canoe. The course is geared to two-person canoes. Participants should dress for getting wet. The rain date will only be scheduled if there is severe weather the day of

the program. Participants will be notified if the program is canceled and rescheduled for the rain date of June 22, 2018. Ages 9 to adult. Register by June 19. There is a \$10 program fee.

**Thursday, June 21 - Tales for Tots - River Styx Park - 10 to 11 a.m. or 1 to 2 p.m.**

What is covered in scales and carries his home on his back? A turtle, of course! Learn more about these fascinating animals through a story, hands-on examination, and simple craft. For ages three to six with an adult companion. Some or all of the program will be held outdoors; please dress accordingly. Ages 3 to 6. Register between May 24 and June 20. Free.

**Thursday, June 21 - Walk 15®: Total Body Workout - River Styx Park - 6:30 to 7 p.m.**

See June 7 program listing for a description. Contact the instructor with questions about cancellation due to weather at 330-416-8355 or [jgrasso.livingwell@gmail.com](mailto:jgrasso.livingwell@gmail.com). Ages 16 to adult. Register by June 20. There is a \$5 program fee.

**Friday, June 22 - Tales for Tots - River Styx Park - 10 to 11 a.m. or 1 to 2 p.m.**

What is covered in scales and carries his home on his back? A turtle, of course! Learn more about these fascinating animals through a story, hands-on examination, and simple craft. For ages three to six with an adult companion. Some or all of the program will be held outdoors; please dress accordingly. Ages 3 to 6. Register between May 24 and June 21. Free.

**Friday, June 22 and Saturday, June 23 - The Lost Nature Center of Jurassic World - Susan Hambley Nature Center - 12 to 5 p.m.**

See June 10 program listing for details. All ages are welcome. No registration required. Free.

 **Saturday, June 23 - Healthy Strides - sponsored by Medina Hospital - Plum Creek Park South - 9 to 10 a.m.**

Healthy Strides combines a brief, informative talk by a Cleveland Clinic physician or caregiver and a casual one-to-three mile walk. Topics change each week based on the leader's specialty and suggestions from participants. All members of the community are welcome. Ages 10 to adult. No registration required. Free.



**Saturday, June 23 - Northeastern Ohio Live Steamers: ALL ABOARD! Lester Rail Trail - 12:30 to 4:30 p.m.**

Bring your family and friends to Lester Rail Trail for train rides around a miniature railroad and station house. Members of NEOLS, a miniature railroad group, will offer this free park program. Adults and children, alike, will delight in this unique experience! All ages are welcome. No registration required. Free.

**Sunday, June 24 - Photographers of the Parks Club Meeting Wolf Creek Environmental Center - 3 to 4 p.m.**

This is a great opportunity for nature photo enthusiasts to share knowledge with like-minded folks, gain special access to programs and events related to photography, and support the park district. Both beginner and advanced photographers are invited to participate. The club will emphasize but not be limited to nature photography. No registration required. For more information, please contact Shelley at 330-239-4814 or [stender@medinaco.org](mailto:stender@medinaco.org). Ages 16 to adult. No registration required. Free.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 <b>July 2018</b> The Lost Nature Center of Jurassic World - SHNC - 12 to 5 p.m.	2 **Paddle Board and Yoga Fusion BL - 6 to 8 p.m.	3	4 Park office and Wolf Creek Environmental Center closed	5 Stroller Hike - HVP 10:30 to 11:30 a.m.	6	7 Hiking for the Health of It - KL 9 to 11 a.m.  Healthy Strides sponsored by Brunswick Lake Family Health Center - BLT - 9 to 10 a.m.
8 Swifts and Swallows WC - 2 to 3 p.m.	9	10	11 **Advanced Fishing for Kids LHPW - 9:30 a.m. to 12:30 p.m. Day 1 of 3  Nature Through the Seasons LRT - 10 to 11 a.m.	12 **Advanced Fishing for Kids LHPW - 9:30 a.m. to 12:30 p.m. Day 2 of 3  **Nature Rocks WC - 10:30 to 11:30 a.m.  Cycling Makes Sense Fitness Ride BLT - 6:30 to 8 p.m.  **Walk 15: Total Body Workout RSP - 6:30 to 7 p.m.	13 **Advanced Fishing for Kids LHPW - 9:30 a.m. to 12:30 p.m. Day 3 of 3  Damsels and Dragons - SHNC 12 to 5 p.m.	14 Healthy Strides sponsored by Medina Hospital - CLMP 9 to 10 a.m.  Damsels and Dragons - SHNC 12 to 5 p.m.  Starry, Starry Nights at Letha House Park West - 9 to 11 p.m.
15 Damsels and Dragons SHNC - 12 to 5 p.m.  K-9 Search and Rescue Demo - HVP - 2 to 3 p.m.	16	17	18 Music at The Lodge: Sarata & Lempner Duo ADL - 7 to 8 p.m.	19 **Walk 15: Total Body Workout RSP - 6:30 to 7 p.m.	20 Damsels and Dragons - SHNC 12 to 5 p.m.	21 Healthy Strides sponsored by Brunswick Lake Family Health Center - PLNP - 9 to 10 a.m.  Damsels and Dragons - SHNC 12 to 5 p.m.
22 Damsels and Dragons SHNC - 12 to 5 p.m.  ND Hiking Series: Butterflies - KL - 3 to 4 p.m.  Photographers of the Parks Club Meeting WC - 3 to 4 p.m.	23 **Stand-Up Paddle Boarding for Kids - BL - 2 to 3:30 p.m. or for adults from 6 to 7:30 p.m.	24 Cycling Makes Sense Fitness Ride LRT - 6:30 to 8 p.m.	25	26 **Tales for Tots LHPW - 10 to 11 a.m. or 1 to 2 p.m.  **Walk 15: Total Body Workout RSP - 6:30 to 7 p.m.	27 **Tales for Tots LHPW - 10 to 11 a.m. or 1 to 2 p.m.	28 Healthy Strides sponsored by Medina Hospital - GLP - 9 to 10 a.m.  All Aboard! Mini Train Rides LRT - 4 to 8 p.m.
29	30	31	<p>Key</p> <p>**Registration required</p> <p>ADL: The Lodge at Allardale</p> <p>BL: Brunswick Lake</p> <p>CLMP: Carolyn Ludwig Mugarage Park</p> <p>GLP: Green Leaf Park</p> <p>HVP: Hubbard Valley Park</p> <p>LHPW: Letha House Park West</p> <p>KL: Killbuck Lakes</p> <p>LRT: Lester Rail Trail</p> <p>ND: Natural Discoveries</p> <p>PLNP: Princess Ledges Nature Preserve</p> <p>RSP: River Styx Park</p> <p>SHNC: Susan Hambley Nature Center</p> <p>WC: Wolf Creek Environmental Center</p>			



## Northeastern Ohio Live

Bring your family and friends on rides around a miniature railroad. Members of NEOLS, a miniature


free park program. Adults and children, alike, will delight in this unique experience! All ages welcome. No registration required. Free.

**Saturday, June 23 - Lester Rail Trail - 12:30 to 4:30 p.m.**

**Saturday, July 28 - Lester Rail Trail - 4 to 8 p.m.**



**Wednesday, June 27 - Passport to Fishing - Wolf Creek Environmental Center - 9:30 a.m. to 12:30 p.m.** Sponsored by the Ohio Division of Wildlife, this three-day program introduces children with little or no previous fishing experience to the sport of angling. The Passport program includes strong stewardship messages as part of each learning activity. Four topic areas are covered over the three days. Also, if children have participated in previous Passport programs, they cannot sign up again. Dates cannot be registered for individually. Fishing poles and bait will be provided during the entire program. Parents are encouraged to accompany their children, but it is not required. Ages 7 to 12. Register by June 22. Free.


 **Thursday, June 28 - Cycling Makes Sense Fitness Ride - Buckeye Woods Park, meet in ballfield parking lot - 6:30 to 8 p.m.** This program, offered by Medina County Park District and Century Cycles, is a great way for you to get out on your bicycle for a non-aggressive ride and experience the park district's wonderful multipurpose trails. Before we begin our six to ten-mile ride, Lynne of Century Cycles will share basic tips on how to keep you and your bike fit. Helmets are required. Ages 16 to adult. No registration required. Free.

**Thursday, June 28 - Walk 15®: Total Body Workout - River Styx Park - 6:30 to 7 p.m.** See June 7 program listing for a description. Contact the instructor with questions about cancellation due to weather at 330-416-8355 or [jgrasso.livingwell@gmail.com](mailto:jgrasso.livingwell@gmail.com). Ages 16 to adult. Register by June 27. There is a \$5 program fee.

**Friday, June 29 through Sunday, July 1 - The Lost Nature Center of Jurassic World - Susan Hambley Nature Center - 12 to 5 p.m.** See June 10 program listing for details. All ages are welcome. No registration required. Free.

**Saturday, June 30 - Meet the Animals - Wolf Creek Environmental Center - 1 to 2 p.m.** Our nature center is home to many animals including snakes, turtles, a toad, and a frog. Come in to learn all about their habits, care, and life histories. All ages are welcome. No registration required. Free.

**Monday, July 2 - Paddle Board and Yoga Fusion - Brunswick Lake, meet in the Cleveland Clinic parking lot next to Panera - 6 to 8 p.m.** Join Linda and Christine as they put the best meditative practices together at Brunswick Lake! Christine will lead you through a paddle boarding session that focuses on your balance and union with nature and ends with a seated meditation on the paddle board. Linda will continue the focus on quieting the mind through a sunset yoga class. This powerful class is a great way to end your evening and allow you to connect to your inner self out in the beauty of nature! Instruction follows guidelines set by the American Canoe Association. Life jackets are required while on the water. Fees for class: \$15 for class only (participant MUST bring stand-up paddle board, leash, paddle, and life jacket); \$25 to lease equipment with the class. To register, contact Christine at [ccancianadventures@gmail.com](mailto:ccancianadventures@gmail.com) or 216-210-7449.

 **Thursday, July 5 - Stroller Hike - Hubbard Valley Park - 10:30 to 11:30 a.m.** Come out and enjoy a stroll with a naturalist! On this guided hike, we will explore different parks and investigate nature happenings in ways both you and your little ones can understand. This is a fun way to enjoy the outdoors, get a little exercise, and socialize with other parents! Children can be in strollers, backpacks, or can toddle along on their own! Mid to full-size or jogger-type strollers recommended. All ages are welcome. No registration required. Free.

## Walk 15®: Total Body Workout

River Styx Park  
6:30 to 7 p.m.

**Thursdays (register by  
the day prior to the  
program)**

**June 7, 14, 21, 28**

**July 12, 19, 26**

**August 2, 9, 16, 23, 30**



Take your walk in the park to the next level of fitness with Walk 15®, a low-impact, aerobic workout. Using simple-to-follow moves plus strength training with resistance bands, you'll get a total body workout using more muscle groups and burn more calories than with a traditional walk. Registration is required. There is a \$5 fee. See June 7 program listing for details.



### Photographers of the Parks Club Photo Exhibit on Display

Photographers of the Parks will be displaying 100 original club photos at the Medina Country Library District's main library on the third floor art gallery from July 30 through August 25. The theme is "All Things Medina." It is the club's contribution to the 200th anniversary of Medina City and Medina County.

### Follow the park district on social media




Be sure to "Like" the Friends of Medina County Parks on Facebook



**Instagram**  
[@medinacountyparks](https://www.instagram.com/medinacountyparks)



**Twitter**  
[@medinacountyparks](https://twitter.com/medinacountyparks)

 **Cleveland Clinic Saturday, July 7 - Healthy Strides - Sponsored by Brunswick Family Health Center - Brunswick Lake Trail, meet at entrance near nature center - 9 to 10 a.m.** Healthy Strides combines a brief, informative talk by a Cleveland Clinic physician or caregiver and a casual one-to-three mile walk. Topics change each week based on the leader's specialty and suggestions from participants. All members of the community are welcome. All ages are welcome. No registration required. Free.


**Saturday, July 7 - Hiking for the Health of It - Killbuck Lakes - 9 to 11 a.m.** This is a hiking club for those who can hike four-to-five miles at a brisk pace. Walking trails can be mildly strenuous with a limited amount being off trail. Please dress for the weather, and be sure to have appropriate footwear. Ages 10 to adult. No registration required. Free.

**Sunday, July 8 - Swifts and Swallows - Wolf Creek Environmental Center - 2 to 3 p.m.** It's not unusual to see swallows swooping around our barns and fields after insects, but do we know which kinds of swallows we are seeing? Come learn about some of the different kinds of swifts and swallows. Then take a hike to look for them in action. All ages are welcome. No registration required. Free.


**Wednesday, July 11 - Advanced Fishing for Kids - Letha House Park West - 9:30 a.m. to 12:30 p.m.** Can't get enough of Medina County Park District fishing and ready to move beyond the basics? This three-day camp is for all Passport to Fishing graduates and children who have previous fishing experience. This program is not for beginner anglers. More advanced angling skills will be covered, but most of the time will be spent doing what you love most . . . FISHING! Fishing poles and a limited amount of bait will be provided, but children should bring their own poles, bait, and tackle if possible. This program is offered twice during the summer, but children may register for only one one-week session. Ages 8 to 15. Register by July 6. Free.


**Wednesday, July 11 - Nature Through the Seasons Lester Rail Trail Lester Road - 10 to 11 a.m.** The Nature Through the Seasons series consists of easy walks that explore our different parks while observing the unfolding of nature throughout the seasons. These hikes also count toward the Natural Discoveries program, an award-based hiking series. Visit the park district website for details about the program. Ages 7 to adult. No registration required. Free.

**Thursday, July 12 - Nature Rocks! Wolf Creek Environmental Center - 10:30 to 11:30 a.m.** Children will discover and explore the concepts of nature through stories, music, and creative movement. Scarves, balls, parachutes, musical instruments, and Beanie Babies are some of our play props to stimulate creativity, sensitivity, improvisation, and listening skills. The principles of Dalcroze Eurhythmics are used to make learning active and fun! Join Jo Oklessen for this wonderful playshop for children and parents! Ages 4 to 6. Register by July 10. Free.

 **Thursday, July 12 - Cycling Makes Sense Fitness Ride Brunswick Lake Trail, meet at entrance near nature center - 6:30 to 8 p.m.** This program, offered by Medina County Park District and Century Cycles, is a great way for you to get out on your bicycle for a non-aggressive ride and experience the park district's wonderful multipurpose trails. Before we begin our six to ten-mile ride, Lynne of Century Cycles will share basic tips on how to keep you and your bike fit. Helmets are required. Ages 16 to adult. No registration required. Free.

**Thursday, July 12 - Walk 15@: Total Body Workout - River Styx Park - 6:30 to 7 p.m.** See June 7 program listing for a description. Contact the instructor with questions about cancellation due to weather at 330-416-8355 or [jgrasso.livingwell@gmail.com](mailto:jgrasso.livingwell@gmail.com). Ages 16 to adult. Register by July 11. There is a \$5 program fee.

 **Friday, July 13 through Sunday, July 15 - Damsels and Dragons - Susan Hambley Nature Center - 12 to 5 p.m.** While dragonflies and damselflies are beautiful to look at, they also have a fascinating lives before they ornament our ponds and meadows. Come explore all stages of a dragonfly's life cycle, play some games, and do a dragonfly craft! All ages are welcome. No registration required. Free.


 **Saturday, July 14 - Healthy Strides sponsored by Medina Hospital Carolyn Ludwig Mugrage Park - 9 to 10 a.m.** Healthy Strides combines a brief, informative talk by a Cleveland Clinic physician or caregiver and a casual one-to-three mile walk. Topics change each week based on the leader's specialty and suggestions from participants. All members of the community are welcome. Ages 10 to adult. No registration required. Free.

**Saturday, July 14 - Starry, Starry Nights at Letha House - Letha House Park West - 9 to 11 p.m.** Come see deep-sky objects, planets, and the moon up close using the Cuyahoga Astronomical Association's telescopes. The observatory will be open for public viewing, and members will be available to answer your questions. Activities and/or displays will be set up inside the barn for further interest on cloudy nights. Cancellations will only be made in the case of severe thunderstorms. All ages welcome. No registration required. Free.

**Sunday, July 15 - K9 Search & Rescue Demonstration - Hubbard Valley Park - 2 to 3 p.m.** The North Central Ohio K9 Search & Rescue Team will be demonstrating how its specially trained dogs are used to track and find missing persons in a variety of environments both urban and rural. This presentation will be interactive with members using their K9 pals and the audience. Please do not bring your own pets to this presentation. All ages are welcome. No registration required. Free.

**Wednesday, July 18 - Music at The Lodge: Sarata & Lempner Duo - The Lodge at Allardale - 7 to 8 p.m.** Enjoy a relaxing evening in the park with free, live musical entertainment. Our concert series brings a variety of music the whole family will enjoy. The concerts will be held indoors due to variable weather conditions. This month, enjoy songs from The American Songbook, jazz standards, and original compositions from this tenor saxophone, and jazz guitar duo. Sarata & Lempner each bring a wealth of knowledge, expertise, and talent to their performances; you won't want to miss it. All ages are welcome. No registration required. Free.

**Thursday, July 19 - Walk 15@: Total Body Workout - River Styx Park - 6:30 to 7 p.m.** See June 7 program listing for description. Contact the instructor with questions about cancellation due to weather at 330-416-8355 or [jgrasso.livingwell@gmail.com](mailto:jgrasso.livingwell@gmail.com). Ages 16 to adult. Register by July 18. There is a \$5 program fee.


 **Friday, July 20 through Sunday, July 22 - Damsels and Dragons - Susan Hambley Nature Center - 12 to 5 p.m.** See July 13 program listing for details. All ages are welcome. No registration required. Free.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
August 2018			1 Nature Through the Seasons CLMP - 10 to 11 a.m.	2 **Songs of the Earth - WC - 10:30 to 11:30 a.m.  **Walk 15: Total Body Workout - RSP 6:30 to 7 p.m.	3	4 Healthy Strides sponsored by Brunswick Family Health Center ADW - 9 to 10 a.m.  Hiking for the Health of It - CVNP's Brandywine Falls - 9 to 11 a.m.
	5	6 **Yoga Inspired by Nature BL - 6:30 to 7:45 p.m.	7 Stroller Hike ADW - 10:30 to 11:30 a.m.  Cycling Makes Sense Fitness Ride LM - 6:30 to 8 p.m.	8	9 **Walk 15: Total Body Workout RSP 6:30 to 7 p.m.	10 All About Bats SHNC - 12 to 5 p.m.  Moths and Meteors - WC 9 p.m.
12 All About Bats - SHNC 12 to 5 p.m.  ND Hiking Series: Creek Walk - LHPE 3 to 4 p.m.	13 **Stand-Up Paddle Boarding for Kids - BL - 2 to 3:30 p.m. and for adults from 6 to 7:30 p.m.	14	15 Music at The Lodge: Brian Henke & Ginger Ackley - ADL 7 to 8:30 p.m.	16 Summer Wildflower Walk - ADW - 10 to 11:30 a.m.  **Walk 15: Total Body Workout- RSP 6:30 to 7 p.m.	17 All About Bats SHNC - 12 to 5 p.m.  Crickets and Katydid in Concert - WC 7 to 9:30 p.m.	18 Healthy Strides sponsored by Brunswick Family Health Center BLT - 9 to 10 a.m.  All About Bats - SHNC - 12 to 5 p.m.  Starry, Starry Nights at Letha House Park West - 9 to 11 p.m.
19 All About Bats - SHNC 12 to 5 p.m.	20 **Paddle Board and Yoga Fusion BL - 6 to 8 p.m.	21	22	23 **Tales for Tots HVP - 10 to 11 a.m. or 1 to 2 p.m.  Cycling Makes Sense - BWP 6:30 to 8 p.m.  **Walk 15: Total Body Workout RSP - 6:30 to 7 p.m.	24 **Tales for Tots HVP - 10 to 11 a.m. or 1 to 2 p.m.	25 Healthy Strides sponsored by Medina Hospital - RSP - 9 to 10 a.m.  **Ohio Division of Wildlife: Hunter Education Course - WC 9:30 a.m. to 4:30 p.m.  Odo-Blitz! - LHPW - 1 to 3 p.m.
26 ND Hiking Series: Summer Wildflowers CITN - 3 to 4 p.m.	27	28	29	30 **Walk 15: total Body Workout RSP - 6:30 to 7 p.m.	31 Key **Registration required ADL: The Lodge at Allardale ADW: Allardale West BCR: Buffalo Creek Retreat BL: Brunswick Lake BWP: Buckeye Woods Park CITN: Chippewa Inlet Trail North CLMP: Carolyn Ludwig Mugrage Park CVNP: Cuyahoga Valley National Park LHPW: Letha House Park West LM: Lake Medina KL: Killbuck Lakes ND: Natural Discoveries RSP: River Styx Park SHNC: Susan Hambley Nature Center WC: Wolf Creek Environmental Center	

**Young Naturalist Camps take place in June and July for kids ages 7 to 12. Visit [www.medinacountyparks.com](http://www.medinacountyparks.com) for more information. Camps fill up fast, so register today!**






 **Cleveland Clinic** **Saturday, July 21 - Healthy Strides - Sponsored by Brunswick Family Health Center - Princess Ledges Nature Preserve - 9 to 10 a.m.** Healthy Strides combines a brief, informative talk by a Cleveland Clinic physician or caregiver and a casual one-to-three mile walk. Topics change each week based on the leader's specialty and suggestions from participants. All members of the community are welcome. All ages are welcome. No registration required. Free.

**Sunday, July 22 - Natural Discoveries Hiking Series: Butterflies - Killbuck Lakes - 3 to 4 p.m.** Natural Discoveries is a series of free nature-themed programs designed for ages seven to adult. Participants in the program who complete certain hike requirements are eligible to receive awards. See the Natural Discoveries link on the park district website for award details. There are 137 species of butterflies and skippers recorded in Ohio. Which species do we find in our parks? We'll learn about the common and not so common butterflies found at Killbuck Lakes and talk about the volunteer butterfly surveys being done in several of the county parks to monitor the butterfly populations in the area. Ages 7 to adult. No registration required. Free.

**Sunday, July 22 - Photographers of the Parks Club Meeting - Wolf Creek Environmental Center - 3 to 4 p.m.** This is a great opportunity for nature photo enthusiasts to share knowledge with like-minded folks, gain special access to programs and events related to photography, and support the park district. Both beginner and advanced photographers are invited to participate. The club will emphasize but not be limited to nature photography. No registration required. For more information, please contact Shelley at 330-239-4814 or stender@medinaco.org. Ages 16 to adult. No registration required. Free.

**Monday, July 23 - Stand-Up Paddle Boarding for Kids - Brunswick Lake, meet in the Cleveland Clinic parking lot next to Panera - Kids ages 8 to 17 from 2 to 3:30 p.m.** See July 18 program listing for a description. Fees for class: \$15 for class only (participant MUST bring stand-up paddle board, leash, paddle, and life jacket); \$25 to lease equipment with the class. To register, contact Christine at ccancianadventures@gmail.com or 216-210-7449.

**Monday, July 23 - Stand-Up Paddle Boarding for Adults - Brunswick Lake, meet in the Cleveland Clinic parking lot next to Panera - Adults only from 6 to 7:30 p.m.** See July 18 program listing for a description. Fees for class: \$15 for class only (participant MUST bring stand-up paddle board, leash, paddle, and life jacket); \$25 to lease equipment with the class. To register, contact Christine at ccancianadventures@gmail.com or 216-210-7449.

 **Tuesday, July 24 - Cycling Makes Sense Fitness Ride - Lester Rail Trail - Lester Road, meet in trailhead parking lot - 6:30 to 8 p.m.** This program, offered by Medina County Park District and Century Cycles, is a great way for you to get out on your bicycle for a non-aggressive ride and experience the park district's wonderful multipurpose trails. Before we begin our six to ten-mile ride, Lynne of Century Cycles will share basic tips on how to keep you and your bike fit. Helmets are required. Ages 16 to adult. No registration required. Free.

**Thursday, July 26 - Tales for Tots - Letha House Park West - 10 to 11 a.m. or 1 to 2 p.m.** The sun is the center of our solar system and is important for many reasons. Come discover why through a story and fun activities. For ages three to six with an adult companion. Some or all of the program will be held outdoors; please dress accordingly. Register between June 21 and July 25. Free.

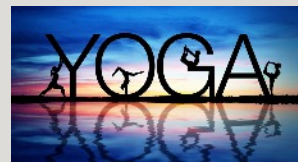


## Stand-Up Paddle Boarding at Brunswick Lake (registration required)

Monday, June 18

Monday, July 23

Monday, August 13



## Paddle Board and

### Yoga Fusion

(registration required)

Monday, July 2

Monday, August 20

## Starry, Starry Nights at Letha House Park West

9 to 11 p.m.

**Saturdays: June 16, July 14, and August 18**

Come see deep-sky objects, planets, and the moon up close using the Cuyahoga Astronomical Association's telescopes. The observatory will be open for public viewing, and members will be available to answer your questions. Activities and/or displays will be set up inside the barn for further interest on cloudy nights. Cancellations will only be made in the case of severe thunderstorms. All ages welcome. No registration required. Free.




## StoryWalk® at Carolyn Ludwig Mugrage Park

The book for summer is *All Ears, All Eyes* by Richard Jackson.



**Thursday, July 26 - Walk 15®: Total Body Workout - River Styx Park - 6:30 to 7 p.m.** See June 7 program listing for a description. Contact the instructor with questions about cancellation due to weather at 330-416-8355 or [jgrasso.livingwell@gmail.com](mailto:jgrasso.livingwell@gmail.com). Ages 16 to adult. Register by July 25. There is a \$5 program fee.

**Friday, July 27 - Tales for Tots - Letha House Park West - 10 to 11 a.m. or 1 to 2 p.m.** The sun is the center of our solar system and is important for many reasons. Come discover why through a story and fun activities. For ages three to six with an adult companion. Some or all of the program will be held outdoors; please dress accordingly. Register between June 21 and July 26. Free.


 **Saturday, July 28 - Healthy Strides sponsored by Medina Hospital - Green Leaf Park - 9 to 10 a.m.** Healthy Strides combines a brief, informative talk by a Cleveland Clinic physician or caregiver and a casual one-to-three mile walk. Topics change each week based on the leader's specialty and suggestions from participants. All members of the community are welcome. No registration required. Free.

**Saturday, July 28 - Northeastern Ohio Live Steamers: ALL ABOARD! Lester Rail Trail - 4 to 8 p.m.** Bring your family and friends to Lester Rail Trail for train rides around a miniature railroad and station house. Members of NEOLS, a miniature railroad group, will offer this free park program. Adults and children, alike, will delight in this unique experience! All ages are welcome. No registration required. Free.

**Wednesday, August 1 - Nature Through the Seasons - Carolyn Ludwig Mugrage Park - 10 to 11 a.m.** The Nature Through the Seasons series consists of easy walks that explore the different parks while observing the unfolding of nature throughout the seasons. These hikes also count toward the Natural Discoveries program, an award-based hiking series. Visit the park district website for details about the program. Ages 7 to adult. No registration required. Free.

**Thursday, August 2 - Songs of the Earth - Wolf Creek Environmental Center - 10:30 to 11:30 a.m.** Join teacher Jo Oklessen as we explore how different cultures express their relationships with and respect for Mother Earth through music, creative movement, storytelling, and outdoor education activities. We'll learn about Native American teachings with song and dance, perform Japanese haiku, and do some west African drumming! An art experience will also be included. Ages 7 to 12. Register by July 31. Free.

**Thursday, August 2 - Walk 15®: Total Body Workout - River Styx Park - 6:30 to 7 p.m.** See June 7 program listing for a description. Contact the instructor with questions about cancellation due to weather at 330.416.8355 or [jgrasso.livingwell@gmail.com](mailto:jgrasso.livingwell@gmail.com). Ages 16 to adult. Register by August 1. There is a \$5 program fee.

 **Cleveland Clinic Saturday, August 4 - Healthy Strides Sponsored by Brunswick Family Health Center - Allardale West Parking Lot - 9 to 10 a.m.** Healthy Strides combines a brief, informative talk by a Cleveland Clinic physician or caregiver and a casual one-to-three-mile walk. Topics change each week based on the leader's specialty and suggestions from participants. All members of the community are welcome. No registration required. Free.

**Saturday, August 4 - Hiking for the Health of It - Cuyahoga Valley National Park's Brandywine Falls - 9 to 11 a.m.** This is a hiking club for those who can hike four-to-five miles at a brisk pace. Walking trails can be mildly strenuous with a limited amount being off trail. Please dress for the weather, and be sure to have appropriate footwear. Ages 10 to adult. No registration required.



## Cycling Makes Sense Fitness Ride

This program, offered by Medina County Park District and Century Cycles, is a great way for you to get out on your bicycle for a non-aggressive ride and experience the park district's wonderful multipurpose trails. Before we begin our six to ten-mile ride, Lynne of Century Cycles will share basic tips on how to keep you and your bike fit. Helmets are required. Ages 16 to adult. No registration required. Free.

**Tuesday, June 12** - Chippewa Rail Trail, meet in trailhead parking lot, Chippewa Road east of Lake Road - 6:30 to 8 p.m.

**Thursday, June 28** - Buckeye Woods Park, meet in ballfield parking lot - 6:30 to 8 p.m.

**Thursday, July 12** - Brunswick Lake Trail, meet at entrance near nature center - 6:30 to 8 p.m.

**Tuesday, July 24** - Lester Rail Trail - Lester Road, meet in trailhead parking lot - 6:30 to 8 p.m.

**Tuesday, August 7** - Lake Medina St. Rt. 18, meet in trailhead parking lot - 6:30 to 8 p.m.

**Thursday, August 23** - Buckeye Woods Park, meet in ballfield parking lot - 6:30 to 8 p.m.

## Volunteers are an integral part of Medina County Park District.


Volunteers contribute time, energy, knowledge, and skills to enhance many of the programs and events that are offered and help to keep the parks clean and safe for everyone to enjoy. There are many volunteer opportunities to fit your passion for the parks. We can use your time and talents in a variety of areas. Contact Mary Beth at [volunteercoordinator@roadrunner.com](mailto:volunteercoordinator@roadrunner.com) if you are interested in volunteering.

- Program Assistant
- Program Leader
- Puppeteer
- Trail Monitor
- Citizen Science
- Facility Gardening
- Office Assistant
- Special Events
- Cookie Baker
- Animal Care
- Invasive Species Control
- Carpentry/Construction Projects






**Monday, August 6 - Yoga Inspired by Nature - Brunswick Lake, meet in the Cleveland Clinic parking lot next to Panera - 6:30 to 7:45 p.m.** Let the fresh air and beauty of the outdoors boost your energy and vitality! Join Linda Stevenson for an hour of outdoor themed yoga, breath, and meditation at Brunswick Lake. This unique combination of yoga and nature will provide inspiration for your yoga practice and new methods of mindfulness using nature as our muse. Please bring your own yoga mat. Children must be accompanied by an adult. To register, contact Linda at [l Stevenson02@gmail.com](mailto:l Stevenson02@gmail.com) or 440.888.9865. Ages 10 to adult. There is a \$10 program fee.


 **Tuesday, August 7 - Stroller Hike - Allardale West Parking Lot - 10:30 to 11:30 a.m.** Come out and enjoy a stroll with a naturalist! On this guided hike, we will explore different parks and investigate nature happenings in ways both you and your little ones can understand. This is a fun way to enjoy the outdoors, get a little exercise, and socialize with other parents! Children can be in strollers, backpacks, or can toddle along on their own! Mid to full-size or jogger-type strollers recommended. Ages newborn to 7. No registration required. Free.

 **Tuesday, August 7 - Cycling Makes Sense Fitness Ride - Lake Medina St. Rt. 18, meet in trailhead parking lot - 6:30 to 8 p.m.** This program, offered by Medina County Park District and Century Cycles, is a great way for you to get out on your bicycle for a non-aggressive ride and experience the park district's wonderful multipurpose trails. Before we begin our six to ten-mile ride, Lynne of Century Cycles will share basic tips on how to keep you and your bike fit. Helmets are required. Ages 16 to adult. No registration required. Free.

**Thursday, August 9 - Walk 15@: Total Body Workout - River Styx Park - 6:30 to 7 p.m.** See June 7 program listing for a description. Contact the instructor with questions about cancellation due to weather at 330-416-8355 or [jgrasso.livingwell@gmail.com](mailto:jgrasso.livingwell@gmail.com). Ages 16 to adult. Register by August 8. There is a \$5 program fee.

**Friday, August 10 - Moths and Meteors - Wolf Creek Environmental Center - 9 p.m. to Midnight** - Even without much light, there are all sorts of things to see in the park after dark. This is the peak of the annual Perseid meteor shower as well as a great time of year to view a variety of moths. Come out tonight to learn about and enjoy them both. Bring a flashlight for the moths and a chair or blanket for the meteors. Park will close at midnight. All ages are welcome. No registration required. Free.

 **Friday, August 10 through Saturday, August 12 - All About Bats - Susan Hambley Nature Center - 12 to 5 p.m.** Do you know bats are excellent parents? Or that bats hibernate all winter long? In Ohio, these insect-loving mammals are an important link in the food chain and in controlling pesky insects like mosquitoes. Join us as we explore the lives of bats through crafts and activities. All ages are welcome. No registration required. Free.

 **Saturday, August 11 - Healthy Strides - sponsored by Medina Hospital Killbuck Lakes - 9 to 10 a.m.** Healthy Strides combines a brief, informative talk by a Cleveland Clinic physician or caregiver and a casual one-to-three mile walk. Topics change each week based on the leader's specialty and suggestions from participants. All members of the community are welcome. Ages 10 to adult. No registration required. Free.

**Saturday, August 11 - Dragonfly and Damselfly Workshop - Wolf Creek Environmental Center - 1 to 4 p.m.** Are you interested in learning about dragonflies and damselflies but aren't sure where to

begin? Join us for this introductory workshop to learn how to identify some common species before taking your new skills out for a test run through our meadows, ponds, and wetlands. Ages 10 to adult. Register by August 10. Free.

**Sunday, August 12 - Natural Discoveries Hiking Series: Creekwalk - Letha House Park East - 3 to 4 p.m.** Natural Discoveries is a series of free nature-themed programs designed for ages seven to adult. Participants in the program who complete certain hike requirements are eligible to receive awards. See the Natural Discoveries link on the park district website for award details. Cool off on a warm summer day by dipping your toes into the creek as you learn about the life that calls this place home. Help to search for aquatic macro-invertebrates, frogs, and salamanders along the way. Wear sturdy shoes and expect to get a little wet. Ages 7 to adult. No registration required. Free.

**Monday, August 13 - Stand-Up Paddle Boarding for Kids - Brunswick Lake, meet in the Cleveland Clinic parking lot next to Panera - Kids ages 8 to 17 from 2 to 3:30 p.m.** Whether you have paddling experience or not, join us for an evening of stand-up paddle boarding where you will learn the basics of safe paddling, efficient strokes, and balance. Stand-up paddling is a rapidly growing water sport that engages the core while enjoying nature and the natural playground around you on the lake. Find your inner peace and balance on the water while learning a new skill and enjoying the natural beauty found on Brunswick Lake. Instruction follows guidelines set by the American Canoe Association. Life jackets are required while on the water. Fees for class: \$15 for class only (participant MUST bring stand-up paddle board, leash, paddle, and life jacket); \$25 to lease equipment with the class. To register, contact Christine at [ccancianadventures@gmail.com](mailto:ccancianadventures@gmail.com) or 216-210-7449.

**Monday, August 13 - Stand-Up Paddle Boarding for Adults - Brunswick Lake, meet in the Cleveland Clinic parking lot next to Panera - Adults only from 6 to 7:30 p.m.** See above program for details.

**Wednesday, August 15 - Music at The Lodge: Brian Henke & Ginger Ackley - The Lodge at Allardale - 7 to 8:30 p.m.** Enjoy a relaxing evening in the park with free, live musical entertainment. Our concert series brings a variety of music the whole family will enjoy. The concerts will be held indoors due to variable weather conditions. This month, Brian Henke and Ginger Ackley will share the stage for Music at The Lodge. Brian's unique guitar style ranging from folk to new age and nearly anything in between will be joined by Ginger's Celtic music with a twist in what is sure to be a memorable evening. All ages are welcome. No registration required. Free.

**Thursday, August 16 - Summer Wildflower Walk - Allardale West Parking Lot - 10 to 11:30 a.m.** Fields are full of interesting flowers and their pollinators. Walk with a naturalist to learn about these summer beauties. All ages are welcome. No registration required. Free.

**Thursday, August 16 - Walk 15@: Total Body Workout - River Styx Park - 6:30 to 7 p.m.** See June 7 program listing for a description. Contact the instructor with questions about cancellation due to weather at 330-416-8355 or [jgrasso.livingwell@gmail.com](mailto:jgrasso.livingwell@gmail.com). Ages 16 to adult. Register by August 15. There is a \$5 fee.

## Music at The Lodge at Allardale

**Wednesday, June 20** - Morning Star - 7 to 8 p.m.


**Wednesday, July 18** - Sarata and Lempner Duo - 7 to 8 p.m.


**Wednesday, August 15** - Brian Henke and Ginger Ackley - 7 to 8:30 p.m.

*All ages are welcome. No registration required. Free admission.*



**Friday, August 17 - Crickets and Katydid in Concert! Wolf Creek Environmental Center - 7 to 9:30 p.m.** Have you wondered about the crickets and katydids singing in the meadows, trees, and pond edges on summer nights and early autumn afternoons? Dr. Lisa Rainsong, faculty member at the Cleveland Institute of Music, will introduce you to the insect musicians of late summer. We will learn about these insects in an indoor presentation first and then go outside to the meadow to listen and search for these beautiful singers. Bring a flashlight! All ages are welcome. No registration required. Free.


 **Friday, August 17 through Sunday, August 19 - All About Bats - Susan Hambley Nature Center - 12 to 5 p.m.** Do you know bats are excellent parents? Or that bats hibernate all winter long? In Ohio, these insect-loving mammals are an important link in the food chain and in controlling pesky insects like mosquitoes. Join us as we explore the lives of bats through crafts and activities. All ages are welcome. No registration required. Free.

 **Cleveland Clinic Saturday, August 18 - Healthy Strides Sponsored by Brunswick Family Health Center - Brunswick Lake Trail, meet at entrance near nature center - 9 to 10 a.m.** Healthy Strides combines a brief, informative talk by a Cleveland Clinic physician or caregiver and a casual one-to-three mile walk. Topics change each week based on the leader's specialty and suggestions from participants. All members of the community are welcome. All ages are welcome. No registration required. Free.

**Saturday, August 18 - Starry, Starry Nights at Letha House Letha House Park West - 9 to 11 p.m.** Come see deep-sky objects, planets, and the moon up close using the Cuyahoga Astronomical Association's telescopes. The observatory will be open for public viewing, and members will be available to answer your questions. Activities and/or displays will be set up inside the barn for further interest on cloudy nights. Cancellations will only be made in the case of severe thunderstorms. All ages are welcome. No registration required. Free.


**Monday, August 20 - Paddle Board and Yoga Fusion - Brunswick Lake Trail, meet in the Cleveland Clinic parking lot next to Panera - 6 to 8 p.m.** See July 2 program listing for details. Fees for class: \$15 for class only (participant MUST bring stand-up paddle board, leash, paddle, and life jacket); \$25 to lease equipment with the class. To register, contact Christine at [ccancianadventures@gmail.com](mailto:ccancianadventures@gmail.com) or 216-210-7449.

**Thursday, August 23 - Tales for Tots - Hubbard Valley Park - 10 to 11 a.m. or 1 to 2 p.m.** Monarch butterflies are special for many reasons. Discover all about the magic of the Monarch butterfly through a story, craft, and fun activities. For ages three to six with an adult companion. Some or all of the program will be held outdoors; please dress accordingly. Register between July 26 and August 22. Free.


 **Thursday, August 23 - Cycling Makes Sense Fitness Ride - Buckeye Woods Park, meet in ballfield parking lot - 6:30 to 8 p.m.** See August 7 program listing for details. Ages over 16. No registration required. Free.

**Thursday, August 23 - Walk 15@: Total Body Workout - River Styx Park - 6:30 to 7 p.m.** See June 7 program listing for a description. Contact the instructor with questions about cancellation due to weather at 330-416-8355 or [jgrasso.livingwell@gmail.com](mailto:jgrasso.livingwell@gmail.com). Ages 16 to adult. Register by August 22. There is a \$5 program fee.

**Friday, August 24 - Tales for Tots - Hubbard Valley Park - 10 to 11 a.m. or 1 to 2 p.m.** Monarch butterflies are special for many reasons. Discover all about the magic of the Monarch butterfly through a story, craft, and fun activities. For ages three to six with an adult companion. Some or all of the program will be held outdoors; please dress accordingly. Register between July 26 and August 23. Free.

 **Saturday, August 25 - Healthy Strides sponsored by Medina Hospital - River Styx Park - 9 to 10 a.m.** Healthy Strides combines a brief, informative talk by a Cleveland Clinic physician or caregiver and a casual one-to-three mile walk. Topics change each week based on the leader's specialty and suggestions from participants. All members of the community are welcome. Ages 10 to adult. No registration required. Free.

**Saturday, August 25 - Ohio Division of Wildlife: Hunter Education Course - Wolf Creek Environmental Center - 9:30 a.m. to 4:30 p.m.** Completion of a hunter education course is required for all first-time hunting license buyers in Ohio (ORC 1533.10). The hunter education course covers topics such as firearms, ammunition, gun handling, archery, hunter responsibilities, outdoor safety, wildlife management and conservation, and other related information. Absolutely NO FIREARMS shall be brought to the class. Lunch is not provided, but there will be a one-hour lunch break. Registration for this class opens July 25 and can only be done on the ODNR website at <http://wildlife.ohiodnr.gov/educationandoutdoor/discovery/hunterandtrappereducation>. Ages 10 to adult. Free.

 **Saturday, August 25 - OdoBlitz! Letha House Park West - 1 to 3 p.m.** Odonata is an order of carnivorous insects that includes dragonflies and damselflies. Join us as we search for as many dragonfly and damselfly species as possible! Our findings will be reported to the Ohio Dragonfly Survey for use in its statewide Odonata studies. If you have a camera, net, and/or bug tent, bring it with you as only a few nets and bug tents will be available to borrow. For more information about the Ohio Dragonfly Survey visit: <https://u.osu.edu/ohiodonatasurvey/>. To participate in the Medina County Biodiversity Project visit: <https://www.inaturalist.org/projects/medinacountybiodiversityproject>. No registration required. Free.

**Sunday, August 26 - Natural Discoveries Hiking Series: Summer Wildflowers - Chippewa Inlet Trail North St. Rte. 42, Lafayette Road (St. Rte. 42), OH - 3 to 4 p.m.** Natural Discoveries is a series of free nature-themed programs designed for ages seven to adult. Participants in the program who complete certain hike requirements are eligible to receive awards. See the Natural Discoveries link on the park district website for award details. Fields are full of interesting flowers and their pollinators. Walk with a naturalist to learn about these summer beauties. Ages 7 to adult. No registration required. Free.

**Thursday, August 30 - Walk 15@: Total Body Workout - River Styx Park - 6:30 to 7 p.m.** See June 7 program listing for a description. Contact the instructor with questions about cancellation due to weather at 330-416-8355 or [jgrasso.livingwell@gmail.com](mailto:jgrasso.livingwell@gmail.com). Ages 16 to adult. Register by August 29. There is a \$5 program fee.